

Contact: Holly Dawson
Email: HoDawson@sportaberdeen.co.uk
Phone: 07825 228 129

Dear Parent/Guardian

Active Schools Mailing List

My name is Holly Dawson and I am the Active Schools Coordinator for the schools within Northfield ASG. The fundamental aim of Active Schools is to offer all children and young people the opportunities and motivation to adopt active, healthy lifestyles, now and into adulthood. We aim to introduce more physical activity into their daily lives through sports, activities, play and dance.

I currently run or help support a wide variety of activities in each school, and within the local community. These activities take place before school, lunchtime or after school. Active Schools also work in partnership with numerous clubs and organisations, as well as work closely with Northfield Academy to provide opportunities for the senior primary pupils to take part in sessions along with pupils from the Academy. We provide additional opportunities, including leadership training for senior pupils, the Fun Run Series, and we also run a variety of holiday and in-service day activities.

In order to ensure that all parents/guardians are receiving information on Active Schools, I have a database of email addresses for as many parents as possible. Places on Active Schools activities fill up quickly so by emailing the information straight to you, you are more likely to get a place rather than waiting for a piece of paper that could end up lost in a schoolbag for weeks!

If you would like to be added to my email list, please email me at HoDawson@sportaberdeen.co.uk with a note of your Child's First and Last Name, Gender, School and Class.

I also have a Northfield Facebook Page which is kept up to date with sporting activities, events and opportunities within the area and the City. Please 'like' this page which can be found by searching for '**Active Schools Northfield**'.

We also have our web site, which is also updated regularly with activities that are taking place within the community. Please follow the link to the Northfield page: <http://www.sportaberdeen.co.uk/activities/kids/activeschools/northfield/>

Please turn over to the back of this page for full list of clubs and activities taking place locally and within the city

Places for clubs must be booked by contacting me by text/call or email address above and will be offered on a first come first served basis, unless it states otherwise.

If you have any questions please do not hesitate to contact me using the details above. If you have an interest in starting a club or helping at an existing club I would love to hear from you.

Yours sincerely,
Holly Dawson
Active Schools Coordinator
Northfield ASG

ACTIVITIES TERM 1

You can now register for the Active Schools after school clubs by **email**, or by **calling/texting** Holly Dawson

Email: hodawson@sportaberdeen.co.uk

Phone: text or call 07825228129

(if no answer to a call please leave your **name, number, and club you are signing up for**)

Due to a high number of calls, text and emails at the start of each term, please allow up to 2 working days for a reply. If you hear nothing after 2 working days, please call/text/email back

Quarryhill Primary School Clubs

Age	Club	Day/Time	Time	Cost
P3 – P7	Floorball	Monday 29 th August – 3 rd October (excluding 26 th Sept)	3pm – 4pm	£5 for the block
P2 – P3	Run, Jump and Throw	Tuesday 30 th August – 4 th October	3pm – 4pm	£6 for the block

Cluster Clubs (sessions offered to all schools in the area)

Age	Club	Location	Day/Dates	Time	Cost
P4 – S1	Floorball	Sheddocksley Community Centre	Monday 29 th August – 26 th September	5pm – 6pm	£5 for block
P6 – S2	Badminton	Northfield Academy	Monday 22 nd August – 26 th September (excluding school holidays)	4pm – 5pm	FREE
P6 – S2	Ski and snowboard Sessions	Aberdeen Snowsports Centre, Garthdee Road	Tuesday 6 th September – 4 th October	5.30pm – 6.30pm	£5 per session (call 01224 4810215 to book)
Age 8-12	StreetTennis	Northfield Tennis Courts	Tuesday 23 rd August – 4 th October	7.30pm – 8.30pm	FREE (no need to book, just turn up on the night)
P6 – S2	Basketball	Northfield Academy	Wednesday 23 rd August – 28 th September	4pm – 5pm	FREE
P3 – P5	Girls Football	Northfield Academy Astro Turf	Thursday Starts 15 th September	3.45pm – 4.45pm	FREE
P6 – S2	Girls Football	Northfield Astro Turf	Thursday Starts 15 th September	3.45pm – 4.45pm	FREE
P1 – P3	Hip Hop	Heathryburn Primary	Thursday 25 th August – 6 th October	4.45pm – 5.30pm	£10 for block
P4 – S1	Hip Hop	Heathryburn Primary	Thursday 25 th August – 6 th October	5.30pm – 6.15pm	£10 for block
Age 8 - 16	Multi Sport / Football	Northfield Academy Astro Turf	Friday 26 th August – 7 th October	8pm – 10pm	FREE (no need to book prior, just turn up on the night)
Age 8 - 16	Project Swim	Northfield Swimming Pool	Fridays runs throughout the whole term	6.45pm – 7.45pm	£1.15 per week (no need to book prior, just turn up on the night)
Age 7+	Boxing	Cummings Park Community Centre	Please contact LeRoy for details: 2leroy@boxingclubaberdeen.com	TBD	Book with LeRoy
U12	Girls Rugby	Jason White Pavilion	Registration day on Saturday 20 th August	10am – 11.30am	Visit www.aberdeenwanderers.com

Payment for all sessions that have a charge will be taken on the first day of the block

Places will be allocated on a first come, first serve basis